



WORKPLACE SAFETY



This library features over 90 courses focused on addressing some of the most common safety issues found in the workplace.

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WS01	Abrasive Wheels and Grinder Safety	If you work with or near abrasive wheels or grinders, some of the dangers are obvious. However, grinders also carry dangers that may not be so obvious. It's essential when you work with or near grinders that you are aware of--and know how to manage--all of these dangers, even if you cannot see them. The risks are manageable with the right knowledge and tools- we will cover these in our lesson on Abrasive Wheels and Grinder Safety.
WS02	Access to Employee Exposure and Medical Records	If your work exposes you to toxic substances or harmful physical agents, OSHA's Access to Employee Exposure and Medical Records standard gives you the right to see your exposure and medical records and results of any workplace exposure monitoring. This course covers which records you have the right to access and which records your employer is not required to give you access to. Employer responsibilities and OSHA designated representatives are also discussed.
WS03	Accident Investigation	Every day, more than 12 workers die on the job. More than 4 million workers suffer a serious job-related injury each year. Accidents are caused by unsafe conditions, unsafe behaviors, or a combination of both. To prevent accidents from happening, we need to understand why they occurred. This course presents a systematic approach to accident investigation and follow-through that will help identify why an accident occurred and what can be done to prevent it from happening again.
WS04	Accident Prevention Signs and Tags	Signs and tags warning of hazardous conditions, instantly alerting people to danger, or explaining how to protect yourself are vital in a workplace where health and safety is key. This course assists both employers and employees in understanding signs and tags, what they mean, where they should be located, and how important it is to use them properly. OSHA standards are referenced throughout.
WS05	AED	Automated External Defibrillators (AEDs) save thousands of lives each year. They are readily available and surprisingly simple to use. This step-by-step training prepares you to use an AED to treat victims of sudden cardiac arrest and refreshes your knowledge of CPR techniques.
WS06	Aerial Lifts	Working in and around aerial lifts, also referred to as mobile elevating work platforms (MEWPs), poses a variety of hazards for workers at height and those below them on the ground. This course identifies lift hazards and provides guidelines to help reduce the risks of working on or near elevated work platforms.
WS07	Alcohol Awareness	Alcohol is used in many different circumstances in our culture. When used in moderation, alcohol can be beneficial. However, overuse can become abuse. In this course, we will explain both the short and long-term effects alcohol has on your body. Also, we'll discuss the signs and symptoms of intoxication and alcohol abuse in both yourself and others. Lastly, we'll look at ways to make wise choices about alcohol consumption, including how to cope with dependence.
WS08	Asbestos Safety	You may be exposed to asbestos in your workplace. While this course is not a replacement for the specialized training required for certain classes of workers, we will describe the hazards associated with asbestos exposure. Additionally, we will explain the precautions needed to minimize personal danger.
WS09	Atmospheric Testing	If your work requires you to enter a confined space, you must test the atmosphere in that space before you go in. This course explains the importance of using well-calibrated, direct-reading instruments to evaluate the permit confined space you're about to enter. Atmospheric testing procedures including calibration checks, drift conditions, full calibrations, and calibration rules are discussed, as well as why and why to conduct a bump test.
WS10	Back Injury Prevention	Back injuries are a very common, yet preventable, form of workplace injury. In this course, you will learn about the powerful muscles and bones that make up your back. Additionally, you will learn about different types of back injuries, and how to practice "smart" posture, as well as healthy lifting techniques.
WS11	Back Injury Prevention (Spanish)	Back injuries are a very common, yet preventable, form of workplace injury. In this course, you will learn about the powerful muscles and bones that make up your back. Additionally, you will learn about different types of back injuries, and how to practice "smart" posture, as well as healthy lifting techniques.
WS12	Banding and Box Cutter Safety	In shipping and receiving departments, there are two dangerous hazards that are not often considered: the use of box cutters and banding straps. This course demonstrates the safest methods to use when working with banding and box cutters, and precautions to prevent injuries.
WS13	Basic Rigging	An improperly rigged load can result in property damage, injuries and worse. This course explains proper procedures for different types of rigging equipment and situations a worker might encounter so they can know how to plan and execute a lift safely.
WS14	Benzene Safety	Benzene is a cancer-causing chemical found in a great many industrial workplaces. This course covers the hazards of benzene exposure, introduces workers to OSHA permissible exposure limits, and instructs workers how to protect themselves and minimize their exposure risk. In addition, first aid and spill response procedures are included.





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WS15	Bloodborne Pathogen Safety	Bloodborne pathogens can cause disease, illness, or even death. If you might be exposed to blood or other body fluids, it is important to know the potential risks and how to reduce your exposure. Through this course, you will learn how to identify common risks, recognize equipment and practices to use to reduce exposure, take proper steps if you do become exposed, and to list aspects of an employer's Bloodborne Pathogen Exposure Program.
WS16	Bloodborne Pathogen Safety (Spanish)	Bloodborne pathogens can cause disease, illness, or even death. If you might be exposed to blood or other body fluids, it is important to know the potential risks and how to reduce your exposure. Through this course, you will learn how to identify common risks, recognize equipment and practices to use to reduce exposure, take proper steps if you do become exposed, and to list aspects of an employer's Bloodborne Pathogen Exposure Program.
WS17	Cold Stress	Working in cold environments—indoors or outdoors—can create dangerous working conditions that can result in serious health issues. In this course, we concentrate on how to make a cold environment a safer place in which to work, including preparation and PPE, symptoms of cold stress, and emergency response to cold-related health concerns.
WS18	Compressed Gas Safety	No matter what type of gaseous materials a compressed gas cylinder contains, it requires special storage, use, handling, and disposal. Employees who handle gas cylinders must be properly trained to avoid the hazards of compressed gas and to ensure a safe workplace. This course covers safe use and storage practices, inspections, and hazards associated with various types of compressed gas. Recommended PPE and instruction on safely moving the cylinders are also included.
WS19	Confined Spaces	Workers may encounter hazards while working in confined spaces. This course will define the differences between permit confined and non-permit confined spaces, as well as explain employer and employee confined space responsibilities. The course will also describe confined space worker types, hazards of working in confined spaces, the purpose of an entry permit, and how to test and evaluate confined spaces. Additionally, the course will list the criteria for evaluating and selecting a rescue services provider.
WS20	CPR	Cardiopulmonary Resuscitation – CPR – is a procedure that can mean life or death in an emergency situation. While this course is not a replacement for hands-on training, we will better prepare you for emergency situations by covering how to assess a scene and determine if CPR is needed. Additionally, we will discuss methods to protect yourself while helping victims, list the steps of CPR, and describe when to use an automated external defibrillator (AED).
WS21	Crane Safety	All employees who work on or around cranes need to be aware of the risks of crane operation. In this course, you will learn how to recognize common hazards of crane operation and employ safe work practices.
WS22	Electrical Safety	Working safely around electricity is critically important: hundreds of deaths and thousands of injuries occur to workers every year as a result of unsafe electrical working practices. This course reviews how electricity works, how electric shock occurs, the different types of electrical hazards and injuries, as well as safe practices for working with and around electricity.
WS23	Electrical Safety (Spanish)	Working safely around electricity is critically important: hundreds of deaths and thousands of injuries occur to workers every year as a result of unsafe electrical working practices. This course reviews how electricity works, how electric shock occurs, the different types of electrical hazards and injuries, as well as safe practices for working with and around electricity.
WS24	Electrical Safety NFPA 70E	Working safely around electricity is critically important: hundreds of deaths and thousands of injuries occur to workers every year as a result of unsafe electrical working practices. This course reviews the elements of the NFPA 70E Safety Standard, including how electric shock, arc flash, and arc blast occurs, the different types of electrical hazards and injuries, as well as safe practices for working with and around electricity.
WS25	Emergency Action Planning	Whether caused by a natural disaster or man-made, the best time to plan for a workplace emergency is before it happens. Participants of this course learn to distinguish between different types of emergencies, how to follow emergency response procedures, and the basics of a clear and well-communicated Emergency Action Plan.
WS26	Emergency Action Planning and Fire Safety	The best time to plan for an emergency is before it happens. This course highlights the importance of planning ahead for emergencies, with a particular focus on fires. Participants will learn how to distinguish between different types of fires, how fire suppression and fire extinguishers work, how to make the right decision about when to fight a fire and when to evacuate, and how to plan evacuation routes and follow evacuation procedures.
WS27	Emergency Action Planning and Fire Safety (Spanish)	The best time to plan for an emergency is before it happens. This course highlights the importance of planning ahead for emergencies, with a particular focus on fires. Participants will learn how to distinguish between different types of fires, how fire suppression and fire extinguishers work, how to make the right decision about when to fight a fire and when to evacuate, and how to plan evacuation routes and follow evacuation procedures.
WS28	Ergonomics	Musculoskeletal Disorders (MSDs) are injuries and disorders that affect the human body's movement. Each year, 1.8 million workers in the United States report MSDs, resulting in missed work, lost wages, and workers' compensation claims. This course explores common causes of MSDs and how an ergonomics program can be used to prevent injuries. Topics include common MSDs, risk factors and work activities that can lead to MSDs, and controls and work practices to reduce or eliminate the risk of injury.





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WS29	Ergonomics (Spanish)	Musculoskeletal Disorders (MSDs) are injuries and disorders that affect the human body's movement. Each year, 1.8 million workers in the United States report MSDs, resulting in missed work, lost wages, and workers' compensation claims. This course explores common causes of MSDs and how an ergonomics program can be used to prevent injuries. Topics include common MSDs, risk factors and work activities that can lead to MSDs, and controls and work practices to reduce or eliminate the risk of injury.
WS30	Fall Protection Part 1	When working at elevation, employees must be aware of fall hazards and also be equipped with fall protection equipment. Employers must provide these employees with fall protection equipment and have a fall rescue plan in place, as well as backup rescue plans. In Part 1 of this course, you will learn how to describe both the importance of fall protection and also fall protection regulations. Additionally, you will learn how to identify and avoid fall hazards, and summarize fall protection systems.
WS31	Fall Protection Part 1 (Spanish)	When working at elevation, employees must be aware of fall hazards and also be equipped with fall protection equipment. Employers must provide these employees with fall protection equipment and have a fall rescue plan in place, as well as backup rescue plans. In Part 1 of this course, you will learn how to describe both the importance of fall protection and also fall protection regulations. Additionally, you will learn how to identify and avoid fall hazards, and summarize fall protection systems.
WS32	Fall Protection Part 2	In Part 2 of the Fall Protection course, you will be able to describe components of fall protection systems and discuss fall arrest systems. Inspecting and maintaining fall protection equipment will also be explained. Additionally, fall rescue planning and requirements will be discussed.
WS33	Fall Protection Part 2 (Spanish)	In Part 2 of the Fall Protection course, you will be able to describe components of fall protection systems and discuss fall arrest systems. Inspecting and maintaining fall protection equipment will also be explained. Additionally, fall rescue planning and requirements will be discussed.
WS34	Fire Safety	Every year, there are an estimated 42,800 fires in or at industrial or manufacturing facilities throughout the United States. This course helps provide an understanding of the principles of fire and proper extinguishing techniques. Topics include the combustion process, the different fire classes, fire extinguisher types, operating procedures, capabilities, and limitations, basic firefighting concepts, and the key elements of a Fire Safety program.
WS35	Fire Safety (Spanish)	Every year, there are an estimated 42,800 fires in or at industrial or manufacturing facilities throughout the United States. This course helps provide an understanding of the principles of fire and proper extinguishing techniques. Topics include the combustion process, the different fire classes, fire extinguisher types, operating procedures, capabilities, and limitations, basic firefighting concepts, and the key elements of a Fire Safety program.
WS36	First Aid Basics	If an emergency situation occurred at your workplace, would you know what to do? While this course is not a replacement for lifesaving, first-responder, or CPR training, we will cover situations in which you may be able to offer first aid. We will look at how to recognize emergencies that may occur and following priorities in rendering aid. We will also cover the steps of delivering basic first aid in a variety of situations.
WS37	Flammable Liquids	When you work where flammable liquids are present, it's important to know the safety procedures necessary to use them and the risks involved when they are in use or being stored. In this course, we explain the hazards of flammable liquids, how to work with and around them safely, and the requirements for safe storage. Pertinent OSHA regulations are discussed, in addition to bonding and grounding procedures for safe liquid transfers.
WS38	Hand and Power Tool Safety	Hand and power tools are used every day for many different kinds of jobs. Since they're not the largest or most complicated tools on a job site, it may be easy to overlook them, but these tools can do serious damage if you're not careful and well-trained on their use.
WS39	Hand, Wrist, and Finger Safety	Your hands are perhaps the most useful, but also the most vulnerable, tool you have. There are many potential hazards that can lead to injuries of your hands, wrists or fingers. In this course, we will cover the risks and hazards to hands, wrists and fingers. Additionally, we'll look at precautions to prevent injuries to hands, wrists and fingers and also how to properly select and care for hand protection equipment.
WS40	Hazard Communication	OSHA's Hazard Communication Standard (HCS) requires employers to have a hazard communication program to protect employees from chemical hazards. This course provides an overview of the HCS and its alignment with the provisions of the Globally Harmonized System of Classification and Labeling of Chemicals. Topics include the purpose and requirements of the HCS, requirements and purposes of warning labels, and how to read and use Safety Data Sheets.
WS41	Hazard Communication (Spanish)	OSHA's Hazard Communication Standard (HCS) requires employers to have a hazard communication program to protect employees from chemical hazards. This course provides an overview of the HCS and its alignment with the provisions of the Globally Harmonized System of Classification and Labeling of Chemicals. Topics include the purpose and requirements of the HCS, requirements and purposes of warning labels, and how to read and use Safety Data Sheets.
WS42	Hearing Conservation	Working in a noisy workplace can place your hearing in jeopardy. This course will describe how hearing works and how workplace noise can damage it. It will also help you identify ways to reduce the risk of work-related hearing loss and to recognize responsibilities in preventing hearing loss.





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WS43	Housekeeping - Industrial: Micro-Course	Good housekeeping at work benefits both employers and employees alike. When your team follows a proper housekeeping and organizing routine, quality and productivity increase and the chances for expensive incidents, injuries, and regulatory fines decrease. This micro-course reviews the steps needed for those working in a factory or warehouse setting to keep their workstations clutter-free and well organized.
WS44	Housekeeping - Office: Micro-Course	A thriving, and productive office environment does not look chaotic and messy. Companies recognize good housekeeping in the workplace can improve employee health and safety as well as lead to improved efficiency and morale. This micro-course demonstrates how employees can use the 5S system to develop good housekeeping practices and enjoy the benefits of a clutter-free and well-organized workplace.
WS45	Housekeeping - Vehicle: Micro-Course	Companies recognize good housekeeping in the workplace can improve employee health and safety as well as lead to improved efficiency and morale. This micro-course demonstrates good housekeeping practices for drivers who consider their vehicle to be their workplace. The course reviews what they can do to obtain and enjoy the benefits of a clutter-free and well-organized work environment.
WS46	Housekeeping for Workplace Safety	Good housekeeping is not just about tidiness—it's about safety, efficiency, and ensuring the best working conditions for the whole company. When your team follows a proper housekeeping and organizing routine, you save time, money, space, and materials, increase quality and productivity, and reduce the chances for expensive incidents, injuries, and regulatory fines.
WS47	Hydrogen Sulfide	Hydrogen Sulfide (H ₂ S) is a hazardous gas that is always deadly at high enough concentrations. This course is for employees who work where hydrogen sulfide's presence is a possibility. It explains the properties of H ₂ S, the effects of exposure, and describes how to protect yourself. It also includes the NIOSH and OSHA permissible exposure limits.
WS48	Industrial Ergonomics	When proper ergonomics are not used, workers in construction, maritime, or general industries may experience Musculoskeletal Disorders. MSDs result in hundreds of thousands of lost workdays and cost workers and employers billions of dollars in related costs. Many of these MSDs may be reduced or even prevented by considering Ergonomics.
WS49	Injury and Illness Prevention Programs (I2P2)	An Injury and Illness Prevention Program (I2P2) is an important component of any safe workplace. In this course, we'll discuss what I2P2 is and where it came from. We'll identify the six core elements of a good I2P2 plan, and discover how you are already using I2P2 in your job, as well as how you can use it more effectively. Lastly, we'll explore ways of sharing the benefits of an I2P2 plan with others in order to encourage their safety and health.
WS50	Intro to OSHA	The mission of the Occupational Safety and Health Administration (OSHA) is to assure safe and healthful working conditions for people by setting and enforcing standards, and providing training, outreach, education, and assistance. This course covers the different types of OSHA standards and how they are used, worker and employer rights and responsibilities, and other helpful worker safety and health resources.
WS51	Job Safety Analysis	Analyzing workplace procedures, preventing hazards and reducing employee injuries are all important workplace tasks. These can be accomplished with the use of a Job Safety Analysis. In this course, we will explain what a Job Safety Analysis is and then describe the steps involved with JSAs. Additionally, we will discuss the JSA responsibilities of both managers and supervisors, and also summarize the types of jobs and tasks analyzed in JSAs.
WS52	Ladder Safety	Ladders are a simple and essential workplace tool, however many workers can become injured and fall when using them. Falls can happen when either the wrong type of ladder is selected or when the ladder is not set up correctly. This course will explain how to identify the right ladder for the job and describe how to set up and use ladders safely.
WS53	Ladder Safety (Spanish)	Ladders are a simple and essential workplace tool, however many workers can become injured and fall when using them. Falls can happen when either the wrong type of ladder is selected or when the ladder is not set up correctly. This course will explain how to identify the right ladder for the job and describe how to set up and use ladders safely.
WS54	Loading Dock Safety	Serious loading dock accidents happen every year with severe emotional and financial repercussions. This course reviews loading dock hazards and typical incidents, along with best practices to keep your work place safe.
WS55	Loading Dock Safety (Spanish)	Serious loading dock accidents happen every year with severe emotional and financial repercussions. This course reviews loading dock hazards and typical incidents, along with best practices to keep your work place safe.
WS56	Lockout Tagout	OSHA's Lockout/Tagout (LOTO) standard exists to prevent the release of hazardous energy during equipment maintenance. This course explains the objectives of the LOTO standard, and lists the employee classifications and activities it covers. The course also summarizes LOTO training and energy control programs, describes protective devices used to isolate energy sources, and explains correct procedures for applying and removing LOTO.





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WS57	Lockout Tagout (Spanish)	OSHA's Lockout/Tagout (LOTO) standard exists to prevent the release of hazardous energy during equipment maintenance. This course explains the objectives of the LOTO standard, and lists the employee classifications and activities it covers. The course also summarizes LOTO training and energy control programs, describes protective devices used to isolate energy sources, and explains correct procedures for applying and removing LOTO.
WS58	Machine Guarding	There are many possible machinery-related injuries. Safeguards are essential for protecting workers from preventable injuries. OSHA standards for machine guarding state that any machine part, function, or process that may cause injury must be safeguarded. This course covers potential hazards on a machine, types of machine guards and devices, and machine guarding concepts and techniques used to prevent machine-related injuries.
WS59	Machine Guarding (Spanish)	There are many possible machinery-related injuries. Safeguards are essential for protecting workers from preventable injuries. OSHA standards for machine guarding state that any machine part, function, or process that may cause injury must be safeguarded. This course covers potential hazards on a machine, types of machine guards and devices, and machine guarding concepts and techniques used to prevent machine-related injuries.
WS60	Materials Handling Safety	One of the leading causes of workplace injuries is materials handling. Handling materials and product improperly can lead to back injuries as well as other sprains and strains, fracture, bruises, and cuts. This course demonstrates how to prevent these injuries. Topics include repetitive motion risk factors, safe lifting techniques, safety precautions when handling chemicals, working powered industrial trucks and forklifts, and using slings and overhead cranes.
WS61	Mercury Safety	Exposure to mercury has serious health risks and knowing how to work safely with mercury is important to your health. In this course we explain how to work safely with and around mercury, including permissible exposure limits, necessary personal protective equipment, and safe work practices. Medical surveillance, first aid, and spill response are also discussed.
WS62	Occupational Exposure to Lead	Lead is one of the most basic building blocks of the world around us and can be found in many different products - everything from munitions to fishing sinkers. But it is also a toxic substance, so it's important to know how to protect yourself from exposure. In this lesson, you will learn where you're are likely to encounter lead in the workplace, potential health effects from lead exposure, and the right way to develop a lead safety plan for your job.
WS63	Office Ergonomics	Each year, 1.8 million workers in the United States report Musculoskeletal Disorders (MSDs). These reports result in hundreds of thousands of lost workdays, and cost workers and employers billions of dollars in related costs. Many of these MSDs may be reduced or even prevented by considering Ergonomics.
WS64	Office Safety	Is working in an office dangerous? Most people would say, 'No.' But offices are full of hidden and not so hidden dangers that can impact your employees' health, safety, and ability to do their job. The safe work practices covered in this course will help your employees recognize and minimize potential hazards in your office and reduce the frequency and severity of risks.
WS65	OSHA Inspections	Knowing what to expect and how to prepare for an OSHA inspection can save your organization time and money. This course gives managers and supervisors an overview of their legal rights during an OSHA inspection and how to prepare for one. The course also covers the three components of an OSHA inspection, types of penalties, and responding to citations.
WS66	Pallet Jacks	Using a pallet jack carries risks, either to yourself or to your cargo. This course covers pallet jack safety for Class-3 powered industrial pallet jacks as well as non-powered pallet jacks. We will learn the proper inspections and maintenance procedures that can prevent hazards. We will also describe how to use a pallet jack to lift, move and lower loads.
WS67	PCB Awareness	The toxic chemical PCB was in equipment used by powerplants, industrial plants, telecommunications, and electrical utilities. Banned because of their harm to people and the environment, PCBs still exist in these and many more workplaces. This course explains what PCBs are, where they are found, and how you can be exposed to them. Most important, it covers how you can protect yourself from PCB exposure, administer first aid, and control this persistent, manmade hazard.
WS68	Powered Industrial Trucks (Forklifts) Overview	Operating a powered industrial truck, commonly known as a forklift, requires specialized knowledge and training. While this course is not a replacement for hands-on training, it does cover the risks involved in operating a powered industrial truck and includes descriptions of how loads affect forklift stability and precautions for moving a load safely.
WS69	Powered Industrial Trucks (Forklifts) Overview (Spanish)	Operating a powered industrial truck, commonly known as a forklift, requires specialized knowledge and training. While this course is not a replacement for hands-on training, it does cover the risks involved in operating a powered industrial truck and includes descriptions of how loads affect forklift stability and precautions for moving a load safely.
WS70	PPE	Personal protective equipment (PPE) is designed to protect you from health and safety risks at work. But PPE will only protect you if you wear it and wear it correctly. This course identifies different types of PPE, explains how to select the right PPE for the hazards on your job, and demonstrates how to wear PPE correctly. Also included is proper equipment care and maintenance with an overview of employee/employer PPE responsibilities.





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WS71	PPE (Spanish)	Personal protective equipment (PPE) is designed to protect you from health and safety risks at work. But PPE will only protect you if you wear it and wear it correctly. This course identifies different types of PPE, explains how to select the right PPE for the hazards on your job, and demonstrates how to wear PPE correctly. Also included is proper equipment care and maintenance with an overview of employee/employer PPE responsibilities.
WS72	Pre-Task and Daily-Task Analyses	Hazards and risks are abundant on work sites. In order to mitigate risk, it is import to perform a Pre-Task Analysis (PTA) and a Daily Task Analysis (DTA). In this course, we'll learn what PTAs and DTAs are and what is included in each. We'll also describe how PTAs and DTAs are performed and who is responsible for each. Lastly, we'll discover how PTAs and DTAs help keep your work crew safe.
WS73	Pre-Task and Daily-Task Analyses (Spanish)	Hazards and risks are abundant on work sites. In order to mitigate risk, it is import to perform a Pre-Task Analysis (PTA) and a Daily Task Analysis (DTA). In this course, we'll learn what PTAs and DTAs are and what is included in each. We'll also describe how PTAs and DTAs are performed and who is responsible for each. Lastly, we'll discover how PTAs and DTAs help keep your work crew safe.
WS74	Preventing Overexertion, Strains, and Sprains	You work hard at your job every day, but if you push your body too far, you could be at risk for overexertion, strains or sprains. In this course, we will describe what overexertion is and how it affects you. We will also explain what activities can cause overexertion and what the warning signs are. Lastly, we will cover the steps you can take to prevent overexertion while working.
WS75	Proper Hand-Washing	Proper hand-washing is an easy way to prevent the spread of germs. This course takes you through the steps of an effective hand-washing procedure and use of hand sanitizers.
WS76	Respiratory Protection	Gases, vapors, dusts, fumes, smoke, and sprays can present respiratory hazards, all of which can be hazardous to your health. In this course, we will explain when respirators are required and discuss the most common types of respirators. Additionally, we'll review the inspection process you need to follow each time you use a respirator, as well as the procedures for using respirators in immediately dangerous to life or health situations.
WS77	Safe Lifting in the Workplace: Micro-Course	Lifting heavy and not so heavy objects during your work day can take a terrible toll on your back, shoulders, knees, and other joints. Whether your job calls for repeated lifting or just an occasional lift, this micro course demonstrates safe lifting procedures that will keep you healthy and working.
WS78	Scaffolding Safety	Working on or around scaffolds presents a variety of safety hazards. Scaffolding is a major component of the construction industry and it is essential that you and your co-workers have a safe place to work. This course focuses on safety for the most common types of scaffolding and their specific OSHA requirements.
WS79	Silica Awareness	Silica is found in a variety of materials and released during some of the most routine construction, general industry, and maritime activities. It poses a health hazard to workers in these fields and can lead to debilitating and even fatal conditions. This training is designed for the millions of workers potentially exposed to silica every working day and describes methods workers and employers can use to reduce the risk of exposure to silica.
WS80	Slips, Trips, Falls	Slips, trips, and falls are the most common accidents in general industry. They cause 15% of all accidental deaths, and are second only to motor vehicles as a cause of fatalities. This course will provide some information about why people slip, trip, and fall at work, as well as steps individuals can take to avoid slipping, tripping, and falling.
WS81	Slips, Trips, Falls (Spanish)	Slips, trips, and falls are the most common accidents in general industry. They cause 15% of all accidental deaths, and are second only to motor vehicles as a cause of fatalities. This course will provide some information about why people slip, trip, and fall at work, as well as steps individuals can take to avoid slipping, tripping, and falling.
WS82	Spill Prevention, Control, and Countermeasure (SPCC)	Certain facilities that store moderate to large amounts of oil must comply with the EPA's Spill Prevention, Control, and Countermeasure (SPCC) rule. This course explains how to develop and implement an SPCC plan as required by the SPCC rule. Inspections, containment, spill prevention requirements, emergency procedures, and other types of information required by the rule are among the topics covered.
WS83	Static Electricity	In the oil and gas industry, a small spark from static electricity can ignite and cause a deadly explosion. This course covers how to prevent static electricity from being generated, how to control static discharge, and how to reduce static accumulation. It explains how static electricity builds up when liquids are poured, pumped, filter, or agitated, and how oil and gas workers can prevent worksite ignitions.
WS84	Stormwater Pollution Prevention	Stormwater pollution prevention can be generally summed up with a simple phrase: "Only rain down the drain!" Of course, stormwater drainage and pollution control is more complicated than just one phrase. In this lesson you will learn how to identify hazards and prohibited materials, drain types, and contaminants. You will also learn new ways of looking at waste water and runoff related to your business and its environmental impact.





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WS85	Stress	Stress is recognized as a normal part of life, but when it becomes excessive, debilitating, or overwhelming, it needs to be managed and controlled. This course defines stress, explains where it can originate, identifies different types and effects of negative stress, and offers strategies to effectively manage and cope.
WS86	Struck-By/Caught-Between Hazards	Struck-By and Caught-Between incidents are two of the top four causes of construction workers injuries and fatalities. This course focuses on the different struck-by/caught-in or caught-between hazards and recommends protective measures and precautions. Employer and employee responsibilities for identifying and avoiding these hazards are also featured.
WS87	Trenching and Excavation Part 1	Working in and around trenches and excavations presents serious hazards. In Part 1 of this course, we will define excavation and trenching terminology and identify causes of trench failures. We will also explain soil types and soil stability.
WS88	Trenching and Excavation Part 2	In Part 2 of this course, we will take a look at excavation protective systems, including the materials and equipment used in excavations, as well as excavation access. We will also describe the causes of most excavation accidents and common excavation hazards.
WS89	Universal Waste	Handling your company's universal waste is an important job, as incorrect handling can lead to safety risks, legal consequences and environmental harm. In this course, we'll cover how to identify different types of universal waste, as well as some of the risks and hazards associated with them. We'll also learn how to correctly label, store and ship universal waste. Lastly, we'll determine the right steps to take in order to recycle or dispose of universal waste, and how to handle a universal waste spill or break.
WS90	Walking Working Surfaces	Walking can become hazardous when unobserved obstacles, unexpected openings, slippery surfaces, or unguarded heights exist. Based on OSHA standards, this course presents safety precautions and practices you need to prevent fall injuries and fatalities in your workplace.
WS91	Walking Working Surfaces (Spanish)	Walking can become hazardous when unobserved obstacles, unexpected openings, slippery surfaces, or unguarded heights exist. Based on OSHA standards, this course presents safety precautions and practices you need to prevent fall injuries and fatalities in your workplace.
WS92	Warehouse Safety	Warehouses are bustling work environments, with people and equipment moving materials around at a fast pace. This makes them potentially hazardous. Being able to identify warehouse hazards is the essential first step in maintaining employee safety. By taking this course, workers will learn how to reduce their risk of incident or injury by identifying warehouse hazards and taking the appropriate steps to protect themselves.
WS93	Welding, Cutting, Brazing, and Hot Work	Any time you conduct (or are near) hot work, there is the potential for serious hazards. To help mitigate some of these hazards, the U.S. Chemical Safety and Hazard Investigation Board identifies seven key steps to help prevent hot work-related accidents. This course on Welding, Cutting, Brazing, and other Hot Work will cover safety concepts through all seven keys.
WS94	Working Over or Near Water	When a worksite is over or near water, risk factors and hazards are multiplied. This course is for workers who are in proximity to water every day or those who may only encounter it occasionally. Topics include drowning prevention, immersion hypothermia, slip, trip and fall prevention, OSHA baseline requirements, and best practices for staying safe.
WS95	Workplace Safety Orientation	Most on-the-job injuries occur within an employee's first six months of work. One of the reasons may be that new employees are not aware of specific hazards because they lack proper training. This course provides an overview of industrial safety fundamentals and safety programs. Topics include the role of OSHA, common hazards in the workplace, how to prevent and respond to incidents, and the purpose of safety programs such as Emergency Response, Hazard Communication, and Hearing Conservation.
WS96	Workplace Safety Orientation (Spanish)	Most on-the-job injuries occur within an employee's first six months of work. One of the reasons may be that new employees are not aware of specific hazards because they lack proper training. This course provides an overview of industrial safety fundamentals and safety programs. Topics include the role of OSHA, common hazards in the workplace, how to prevent and respond to incidents, and the purpose of safety programs such as Emergency Response, Hazard Communication, and Hearing Conservation.
WS97	Workplace Violence Prevention	For the past thirty years, violence in the workplace has been a leading cause of workplace injuries and deaths. Close to 2 million workers are injured and almost 800 die each year from violence in the workplace, while many more cases go unreported. With training and preparation, you can be better equipped to stay safe in violent situations.
WS100	Workplace Inspections	A regularly conducted workplace inspection is one of the most effective ways for employers to identify hazards and potential hazards before they result in an incident. This course explains the necessary steps to take when conducting an inspection including how to prepare for the inspection and how to identify hazards and risks. How to prepare an inspection checklist, document the inspections, and use the information to take corrective action are also part of this course.





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WS101	Infectious Disease Prevention at Work	As an employer, you understand the importance of stopping the spread of infectious disease in your workplace. This course is designed to instruct your employees on how they can fight the bacteria and viruses that cause diseases spread through person to person contact or through contact with contaminated surfaces. Instruction includes an overview of what an infectious disease is, how it's transmitted, signs and symptoms of an infection, and basic occupational hygiene methods to control and stop the transmission of infectious diseases in the workplace.
WS73S	Scaffolding Safety (Spanish)	Working on or around scaffolds presents a variety of safety hazards. Scaffolding is a major component of the construction industry and it is essential that you and your co-workers have a safe place to work. This course focuses on safety for the most common types of scaffolding and their specific OSHA requirements.
WS98	Heat Stress	If you perform strenuous work under hot conditions learn how you can protect yourself and others from types of heat-related illnesses, how to recognize the symptoms of heat stress, and how to take steps to prevent this totally preventable illness from happening to you.
WS99	Multi-Employer Worksites	When multiple employers, such as contractors and subcontractors, are working on a jobsite at the same time, this creates, what OSHA calls, a multi-employer worksite. In the event of an incident, OSHA must determine who is responsible for safety and health violations. This course explains the method OSHA uses to determine responsibility, defines the 4 types of employers OSHA can cite for violating OSHA standards, and explains how to monitor and evaluate the safety performance of your employees while on the job.

