DRIVING SAFETY

This library features 66 courses focused on keeping your employees engaged, alert, and confident while driving.

OQSG
A Smith System Company

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DRIVING SAFETY

DS01: Accidents and Breakdowns

If one of your company drivers has an accident or vehicle breakdown, you would want that employee prepared to handle the situation, especially if other vehicles and drivers were involved. This course explains how drivers can prepare their vehicles for emergency stops and reviews best practices for when they find themselves on the side of the road or in the aftermath of a collision. Included in the course is what to say and not say at the scene of an accident, what types of actions your driver should take to document the scene, and vehicle warnings to look for and respond to while driving.

35 min.

DS02: Alcohol Awareness

Most, if not all workplaces have a zero-tolerance for alcohol, but the effect it can have on your employees in their personal lives can still be a negative factor at work. This course presents the facts about alcohol consumption and defines the difference between use and abuse. It explains both the short and long-term effects of alcohol on the body and mind and discusses the signs and symptoms of intoxication and alcohol abuse so employees can recognize them and take action. With this information, employees can think about their choices and be encouraged to make responsible and safe decisions.

42 min.

DS03: Rear-End Collisions - Large Vehicles

Rear-end collisions happen all the time, resulting in injuries, costly damage, legal fees, and fatalities. This course explores methods that drivers of tractor trailers and other large trucks can use to help avoid rear-ending another vehicle, and steps to keep their vehicle from getting hit from behind.

14 min.

DS04: Rear-End Collisions - Small Vehicles

Rear-end collisions occur frequently and result in injuries, damage, costly repairs, and fatalities. This course details what you can do to avoid being hit from behind and the actions you can take to keep your vehicle from being struck by a driver behind you.

22 min.

DS05: Backing Large Vehicles

Backing large vehicles and semi-trailers takes practice, experience, skill, and more practice. This course explains the risks of backing situations, identifies safe backing maneuvers, and suggests how to avoid backing situations, when possible.

14 min.

DS06: Backing Small Vehicles

Most drivers spend 99% of the time driving forward and only 1% backing up. Yet 25-30% of vehicle accidents occur during backing. This course explains backing risks, identifies safe backing maneuvers, and suggests ways to avoid backing situations all together.

20 min.

DS07: Changing Lanes Large Vehicles

When it comes to changing lanes safely, drivers of large trucks, CMVs, and buses face more challenges than drivers of smaller vehicles. This course focuses on safe practices that take into consideration the huge blind spots, longer stopping distances, and the limited maneuverability of large vehicles. Drivers learn what they need to know to make safe lane changes, minimize the risk of accidents, and what to look out for when sharing the road. Available in: English, Spanish, French.

22 min.

DS09: Changing Lanes Small Vehicles

Moving from one lane to another is a hazardous task when there are other vehicles on the road. Drivers need to develop good lane-changing habits to ensure their chances of accident and injury are reduced. This course gives drivers the guidelines they need to make safe lane changes, minimize the risk of accidents, and know what to look out for when sharing the road. Available in: English, Spanish.

20 min.

DS11: Close Quarter Maneuvering Large Vehicles

Maneuvering any vehicle in tight quarters can be a hazardous task, but maneuvering large vehicles presents even more challenges to drivers. This course investigates different types of close quarter driving situations, including backing, pulling forward from a parked position, and various turning maneuvers. It describes the type of hazards associated with maneuvering large vehicles in close quarters and offers guidance on how to avoid collisions and injuries while doing so.

13 min.

DS12: Close Quarter Maneuvering Small Vehicles

Whether your drivers are delivering products to a business on a city street or attempting to park in a crowded parking lot, maneuvering their vehicles in close quarters like these can lead to collisions, vehicle damage, and injury. This course instructs drivers on how to prepare for the arrival at their destination, avoid common mistakes many drivers make when parking or attempting to exit close quarters, and how to safely execute a U-turn, 3- point turn, and other methods of getting out of tight spots.

14 min.

DS13: Closing The Loop

As a supervisor, helping to ensure driver safety is one of your most important tasks. When you receive an incident report about a driver, do you know how to effectively coach them to improve their driving? In this course, we will describe all of the necessary steps of returning a safer driver to the road, including how and when to deliver feedback, as well as following through with appropriate training.

16 min.

DS14: CSA Overview

CSA is the compliance, safety, and accountability program of the Federal Motor Carrier Safety Administration (FMCSA). CSA helps the FMCSA and its state partners by using continually improving data to better identify high-risk motor carriers and drivers. CSA applies a wide range of interventions to reduce high-risk behavior and help keep roadways safe. In this course drivers will learn to recognize how they can impact their own safety rating, and that of the carrier the work for.

18 min.

DS16: Defensive Driving Large Vehicles

This defensive driving course is focused on the challenges and risks specific to drivers of large vehicles and offers guidance in how to respond to them with an extra layer of safety. Topics include how to conduct a pre-trip inspection, precautions to take when securing and hauling a load, and behaviors and practices to use while performing basic driving tasks. Information on how to stay alert and how to exercise care at night are also included. Available in: English, Spanish.

29 min.

DS18: Defensive Driving Small Vehicles

Defensive driving is more than just abiding by the rules of the road. This course offers valuable instruction on how to stay alert, cautious, and continually watch for potential road hazards. It reminds drivers of the safe driving skills needed to avoid collisions and accidents and includes specific tips on driving safely at night. Available in: enUS, esUS, frCA.

29 min.

DS20: Delivery Driver Safety

Delivery drivers do important work, but are at risk for injuries and incidents when driving and moving their load. This course explains how to correctly stretch before, during, and after a day of deliveries, identifies proper lifting techniques and precautions for loading and unloading a vehicle, and offers tips for safely using hand trucks and lift gates.

23 min.

DS21: Distracted Driving

A safe driver is one who knows how to recognize hazards and avoiding distractions. This course reminds drivers of the importance of keeping their eyes on the road and their minds on their driving. It includes different types of driving distractions and best practices for driving distraction-free. Available in: enUS, esUS, frCA.

11 min.

DS23: DOT Driver Compliance

The DOT and FMCSA establish and enforce a set of rules and regulations for all commercial drivers. Your drivers must be aware of these rules and regs and follow them while driving for your company. This course offers a review of these regulations and information on how to comply. Also featured are requirements for electronic logging devices, how to conduct a daily inspection, and an explanation of the 3 types of driver duty time. DOT whistleblower protection and HIPAA regulations are also explained. Available in: English, Spanish.

15 min.

DS25: Driver Fatigue

Fatigued and drowsy driving causes at least 100,000 crashes per year, yet its a preventable condition. In this course, you will learn how to recognize the symptoms of driver fatigue and the strategies you need to keep you safe and alert on the road.

9 min.

DS26: Driving Your Brand

As a driver, youre essentially driving a billboard for your organization. Everything you do behind the wheel, at your customers location, and while youre in public, reflects on your organizations brand. This course explains what it means to be Driving Your Brand, what types of driving behaviors best represent your organization, and why Driving Your Brand in a positive manner is so important. Available in: English, Spanish.

18 min.

DS28: Extreme Driving Conditions - Large Vehicles

Rain, fog, ice, snow, heat, and wind present huge driving challenges to drivers. This course identifies safe practices specifically for the driver of large vehicles to use in extreme driving conditions. It explains how to maintain and equip the vehicle and describes the steps to take to drive safely and avoid accidents in dangerous weather conditions.

22 min.

DS29: Extreme Driving Conditions - Small Vehicles

Designed for drivers of small vehicles, this course identifies safe driving practices in harsh weather conditions, explains how to maintain your vehicle, and helps you prepare for extreme driving conditions in rain, fog, ice, snow, and heat.

20 min.

DS30: Failure to Yield Large Vehicles

When a large commercial vehicle fails to yield, the result can be devastating. Truckers holding CDLs must know the right-of-way laws and be prepared to yield even to drivers who dont know the rules or dont follow them. This course reviews the rules of the road regarding failure to yield situations and offers drivers of large vehicles helpful information regarding when and how to yield, how to keep their focus, and how to make smart decisions that may help avoid collisions. This includes tips on safe merging, passing, joining traffic from a standstill, intersection protocols, and making U-turns and left turns. Available in: English, Spanish.

13 min.

DS32: Failure to Yield Small Vehicles

All drivers are expected to obey the rules of the road, but when it comes to yielding the right-of-way, not all drivers know or remember the rules and laws that apply. This course reviews the rules of who should yield and under what circumstances in addition to acknowledging not all drivers will follow those rules. We discuss various times this will happen and how the driver who has the right-of-way may sometimes need to calmly yield to avoid a collision. Also included are tips on safe merging, intersection and passing situations, and the importance of not driving distracted. Available in: English, Spanish.

12 min.

DS34: Fifteen-Passenger Vans

15-passenger vans react differently than smaller cars and larger trucks. They are bigger and heavier than cars and have larger blind spots. Upon completing this course you will understand the special skills and knowledge it takes to operate a 15-passenger van, and how to prepare and properly load the van to reduce the risk of accidents, especially rollovers.

19 min.

DS35: Fleet Safety

Employers invest in a comprehensive fleet safety program when they consider employee safety of key importance. This course explains fleet safety procedures and policies, employee and management roles in the program, and how the program will have a positive impact on the safety record of their fleet.

16 min.

DS36: Food Service Delivery Driver Safety

Food service delivery drivers are responsible for ensuring the safety and integrity of the food they deliver, which involves special handling, including maintaining proper temperatures and calibrating thermometers. In addition, they must deal with normal driving hazards and perform their tasks without injury during the lifting and loading portion of their job. Reviewing proper lifting, loading, and unloading techniques, plus daily stretching, helps drivers work more safely. Tips for parking, driving, and maintaining a safe work area is also worth taking a look at. And we review food safety and handling procedures regarding temperatures and maintaining food quality throughout the working day.

28 min.

DS37: Hazmat Transportation Part 1

Safely transporting hazardous materials begins with properly packaging, labeling, and preparing those hazardous materials for shipment. In Part 1 of this 3-part course, we review HAZMAT definitions and regulations and define the responsibilities of shippers and carriers. This section also includes the Hazardous Materials Table (HMT). Available in: English, Spanish.

8 min.

DS38: Hazmat Transportation Part 2

When hazardous materials are shipped, public safety depends on proper packaging, labeling, and handling of hazardous materials (HAZMAT). Part 2 of this 3-part course describes the shipping documentation, package markings, and labeling required by the HMR and includes instruction on how to respond to HAZMAT spills and emergencies. Available in: English, Spanish.

9 min.

DS39: Hazmat Transportation Part 3

Every HAZMAT vehicle requires identification to instantly alert all concerned that hazardous materials are within. The final part of this 3-part course identifies vehicle placarding requirements, as mandated by the PHMSA. It also describes carrier and shipper responsibilities, and reportable HAZMAT incident response procedures. Available in: English, Spanish.

9 min.

DS40: Housekeeping Vehicle Micro Course

Companies recognize good housekeeping in the workplace can improve employee health and safety as well as lead to improved efficiency and morale. This micro-course demonstrates good housekeeping practices for drivers who consider their vehicle to be their workplace. The course reviews what they can do to obtain and enjoy the benefits of a clutter-free and well-organized work environment.

5 min.

DS41: Load Securement Part 1: Principles

Carrying an improperly secured load puts both the driver of the vehicle and the driving public at risk. Part one of this two-part course explains the need for load securement and describes the basic principles and standards for load securement.

19 min.

DS42: Load Securement Part 2: Securement Equipment

Carrying an improperly secured load puts both the driver of the vehicle and the driving public at risk. Part two of this two-part course describes the equipment and methods used in securement systems.

23 min.

DS43: Overhead Clearance

In this course, we look at overhead clearance strikes, why they continue to occur, and what you can do to make certain your vehicle never hits an overhead obstacle. Included are tips for safely backing up when encountering low overhead clearance and precautionary measures specific to bridges, power lines, and overhead signs and traffic lights.

9 min.

DS44: Parking Lot Safety

Although most drivers don't consider parking lots to be particularly dangerous, they often can be. It's a good idea to remind your drivers that parking lots are prime territory for negligent or distracted drivers, low speed collisions, carjackers, and vandals. They also present great potential for either hitting pedestrians (especially children) when backing up, turning, or while just looking for a parking space, or being a pedestrian and being hit. All parking lots and garages need to be negotiated with caution and focus.

13 min.

DS45: Pre-Trip Inspections - Large Vehicles

A thorough inspection of your vehicle before you begin each trip is crucial to the safety of you, your cargo, and other drivers. This course is specifically designed to address the pre-trip inspection process for large vehicles and set you up for a safe and successful trip.

13 min.

DS46: Pre-Trip Inspections Small Vehicles

A pre-trip inspection helps you find problems that could cause a crash, breakdown, or citation. It is important to perform a daily pre-trip and post-trip inspection for every trip. In this course, you will learn the essential steps to perform a pre-trip inspection for small and light duty trucks. Available in: English, Spanish.

10 min.

DS48: Reasonable Suspicion Part 1

If you suspect an employee in your charge is abusing drugs or alcohol, it's important to know the signs of substance abuse and how to act on those suspicions. In Part One of this three-part course, you will learn how to define reasonable suspicion, identify behavior in violation of drug and alcohol policies, and outline substance abuse testing requirements.

10 min.

DS49: Reasonable Suspicion Part 2

If you suspect an employee in your charge is abusing drugs or alcohol, it's important to know the signs of substance abuse and how to act on those suspicions. In Part Two of this three-part course, you will learn about behaviors that trigger suspicions of substance abuse, and how to take action.

10 min.

DS50: Reasonable Suspicion Part 3

If you suspect an employee in your charge is abusing drugs or alcohol, it's important to know the signs of substance abuse and how to act on those suspicions. In the final part of this three part course, you will learn about the different types of required drug and alcohol testing, such as post-accident testing and DOT mandated return-to-work testing, and what to do when a test result is positive.

7 min.

DS51: Road Rage

A driver under the influence of road rage is a dangerous hazard. To avoid road rage, you must understand what it is and know how to avoid it. This course defines road rage, explains what stressors can trigger a road rage incident, teaches you how to avoid aggressive drivers, and lists steps you can take if you become a victim of road rage.

12 min.

DS52: Turning For Trucks

Commercial truck drivers put themselves and other motorists at risk if they execute a turn poorly. Reviewing the safe methods of making right, left, and U-turns helps enforce a drivers understanding of the extra time, concentration, and awareness of what it takes to turn a large vehicle safely and the importance of doing so.

11 min.

DS53: Seat Belt Safety: Micro Course

Understand the potentially fatal consequences of not wearing a seat belt and learn what you can do to make sure you, your employees, and any passengers are properly buckled up every time, every trip. Whether you are a driver, operator, or passenger always wear your seat belt.

2 min.

DS54: Smartphones and Smarter Driving Micro Course

Every day, fatal driving accidents occur when distracted drivers use their smartphones. This 3-minute course acts as an engaging reminder to all of us to put down our phones and concentrate on driving. Course includes helpful tips to help put the phone down and a 5 question quiz.

2 min.

DS55: Speeding Awareness Large Vehicles

Driving over the speed limit is dangerous. Driving the speed limit but too fast for the circumstances or conditions of the road can also be dangerous. This course helps drivers obtain a better understanding of how speed affects their driving in normal traffic situations and under conditions such as extreme weather, congested traffic, and hazardous road conditions. It also explains the distance factors involved in stopping and following, and safe handling tips for curves, exit and entrance ramps, and loaded trailers. Available in: English, Spanish, French.

14 min.

DS57: Speeding Awareness Small Vehicles

Speeding is a factor in 31% of all fatal crashes, according to the National Highway Traffic Safety Administration. The chances of death or serious injury double for every 10 miles per hour you travel over 50 miles per hour. This course examines the hazards of speeding and shares what you can do to reduce the risk of having a speeding-related incident. Available in: English, Spanish.

9 min.

DS59: Stop Signs and Signals Large Vehicles

Running stop signs and signals is dangerous and it can be costly. This course presents tips and strategies to help drivers successfully navigate red lights, signals, and stop signs. Available in: English, Spanish.

10 min.

DS61: Stop Signs and Signals Small Vehicles

Running stop signs and signals is dangerous and it can be costly. This course for small vehicles presents tips and strategies to help drivers successfully navigate red lights, signals, and stop signs.

9 min.

DS63: Tailgating Awareness Large Vehicles

Tailgating reduces stopping distance, lessens perception and reaction times, and fuels road rage. It's important for your safety and the safety of other drivers that you refrain from tailgating and that you know what to do when being tailgated. This course explains what actions you can take when being tailgated and offers reminders to help you avoid being a tailgater yourself.

10 min.

DS65: Tailgating Awareness Small Vehicles

Tailgating reduces stopping distance, lessens perception and reaction times, and fuels road rage. It's important for your safety and the safety of other drivers that you refrain from tailgating and that you know what to do when being tailgated. This course explains what actions you can take when being tailgated and offers reminders to help you avoid being a tailgater yourself.

7 min.

DS67: Towing Trailers

Towing a trailer presents an additional set of challenges to driving a vehicle because the trailer causes the vehicle to handle differently and makes driving more difficult. This course discusses ways you can tow a trailer safely, including checking your vehicle, getting familiar with the trailer equipment, preparing your vehicle, connecting your trailer, loading the trailer properly, slowing down, and driving carefully.

8 min.

DS68: Driving at Night

Driving at night requires different safe driving techniques than those used during daylight driving. In this course, we explain how driving at night affects your vision and your ability to make thoughtful driving decisions. The course focus is on The Smith System's 5 Keys to safe driving as they apply to driving at night, including where to keep your eyes, your focus, and your vehicle as you adapt and compensate for the dark conditions.

14 min.

DS69: Driving EVs

This course is an introduction to electric and hybrid vehicles and highlights what drivers can expect when driving one of them for the first time. In addition to defining the differences between electric vehicles or hybrids and traditional gas-powered vehicles, this course explains vehicle range consideration, battery charging station levels, and some of the hazards of driving in cold temperatures.

20 min.

DS70: Driving Lease Roads

Driving on lease roads and in staging areas involves challenges and hazards that driving on paved roads does not. This course explains what lease roads and staging areas are and how they can be navigated successfully. Even though they are not owned by a governing agency, there are rules that apply to lease roads that every driver should know. The Smith 5 Keys of safe driving are applied throughout the course, to be used as a guide to best practices when dealing with lease road issues, surface hazards, obstacles, and attitude.

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16 min.

DS71: Emergency Maneuvers - Small Vehicles

The best way to prepare for the unexpected on the road is to learn maneuvering techniques before an emergency occurs and have a plan for the best course of action based on the circumstances. Using The Smith System 5Keys to Space Cushion Driving this course prepares you for the unexpected by offering tips on safe driving maneuvers for common hazards you may encounter on the road. These include how to react to a vehicle coming toward you, objects in the road, brake failure, and tire blowout.

14 min.

DS72: Driving Roundabouts

Roundabouts are becoming more common in the U.S. and, with their increase, comes the need to educate drivers on how to use them safely. In this course, drivers learn the rules of roundabout navigation and how to use the Smith System 5Keys to Space Cushion Driving to safely navigate them. The course includes instructions on what to do when approaching, entering, and exiting both single and multi-lane roundabouts, procedures for responding to emergency vehicles, and a guide to pedestrian and bicycle safety.

10 min.

DS80: Responsible Driver Series: Accidents and Breakdowns

How would your employees respond to a breakdown or accident while driving? This course provides information to drivers so they handle such situations safely and know what to do and what NOT to do should an incident occur. Included in the course is how to prepare for the possibility of an accident or breakdown, common reasons for vehicle breakdowns, and warnings to look for while driving.

8 min.

DS81: Responsible Driver Series: Collisions

Collisions are a fact of life on the road and working drivers have more opportunity to encounter them than most. This course helps drivers recognize the types of hazards that can cause collisions and offers driving techniques to help avoid collisions with other vehicles. Included are descriptions of different types of collisions and best practice driving tips.

8 min.

DS82S: Responsible Driver Series: Defensive Driving

When an employee knows how to drive defensively, it means the employee is alert, cautious, and continually looking out for potential hazards. This course instructs drivers on how to go about becoming a defensive driver and avoid collisions and accidents. Topics include safety guidelines for driving defensively and how to anticipate and react to hazards.

10 min.

DS83: Responsible Driver Series: Distracted Driving

Everyone drives distracted at one time or another, but a safe driver knows how to recognize, avoid, and/or eliminate distractions. This course reminds drivers how important it is to drive distraction-free. It focuses on how to eliminate distractions and re-focus if they find themselves becoming distracted. It also includes best practices for driving distraction free.

9 min.

DS84: Responsible Driver Series: Food Delivery Safety

In addition to driving hazards, delivery drivers face many risks while completing their duties. This course addresses those risks and gives drivers the information they need to keep themselves - and the food they deliver-safe. Topics include safety procedures to follow when a location looks dangerous, slip, trip, and fall prevention, and how to properly handle food while it is in their care, so it remains at a safe temperature, intact, and contaminant-free.

13 min.

DS85: Responsible Driver Series: Harassment

Sexual harassment includes a wide range of behaviors, not restricted to sexual abuse and assault. Training your employees to recognize harassment, whether it is verbal, physical, or emotional, helps them understand what appropriate behavior is and what it is not. This course discusses conversational boundaries, respecting customers' privacy and personal space, and bystander responsibility. It also defines the various terms used to describe types of sexual assault.

9 min.

DS86: Driving Blind Spots - Large Vehicles

Blind spots (also known as No Zones) present major hazards for drivers of delivery vans, buses, semi-trailers, and other large vehicles. This course focuses on what drivers of large vehicles can do to lessen the danger including: where the blind spots are located, how large they are and what they cover, how to adjust mirrors for the most visual coverage, and best practices for when making a lane change, a turn, or parking.

14 min.

DS87: Blind Spots Small Vehicles

Blind spots pose a hazard all drivers face when operating a vehicle. When blind spots arent checked before changing lanes, parking, or making turns, drivers can suddenly collide with another vehicle, pedestrian, motorcycle, or other moving or stationary object, causing damage, and serious or fatal injuries. This course explains how to locate blind spots on a vehicle, how to check for blind spots while driving, and when it is necessary to check for blind spots during various maneuvers. It also demonstrates how to adjust mirrors properly before driving and other devices available to give a driver the best possible view of his or her surroundings.

14 min.

DS88: Rental Vehicle Safety

Before you drive off in a rental vehicle do you take a few moments to familiarize yourself with the vehicle or do you just start driving and find out, while you're driving, that the mirrors are set wrong, and you cant find the windshield wiper control? There are many reasons a thorough inspection of the inside and outside of a rental vehicle should be conducted before you leave the lot. This course on rental vehicle safety explains how to inspect the vehicle, what to expect at the rental counter and considerations when it comes to insurance. It also offers overviews on how to avoid theft, safe places to park, and what to do should an incident or breakdown occur.

14 min.

DS89: Driving to Prevent Rollovers - Large Vehicles

This course provides drivers with information they can use to reduce the risk of rollovers. It explains the type of situations and actions that cause rollovers to occur and the steps to take to lower the risk. Also included in the course is a discussion of the importance a vehicle's center of gravity plays in rollover prevention, tips for navigating in inclement weather and other hazardous road conditions, and how to use the Smith System 5Keys of Space Cushion Driving to reduce rollover incidents.

20 min.

DS90: Driving to Prevent Rollovers - Small Vehicles

This course provides drivers of small vehicles, vans, SUVs, and pickups with information they can use to avoid the risk of rollovers. It explains the types of situations and actions that cause rollovers to occur and the steps to take to lower the risk. Also included are tips for navigating in inclement weather and hazardous road conditions and using the Smith System 5Keys of Space Cushion Driving to reduce rollover incidents.

13 min.