



and Breakdowns

This library features over 80 courses focused on keeping your employees engaged, alert, and confident while driving

| This library features over 80 courses focused o            | n keeping your employees engaged, alert, and confic          | lent while driving.   |
|--|--|---|
| <b>DS01:</b> Accidents and Breakdowns                      | <b>D\$34:</b> Fifteen-Passenger Vans                         | <b>DS65:</b> Tailgating Awareness - Small Vehicles              |
| <b>DS02:</b> Alcohol Awareness                             | DS35: Fleet Safety   | <b>DS66:</b> Tailgating Awareness - Small Vehicles (Spanish)    |
| <b>DS03:</b> Avoiding Rear-End Collisions - Large Vehicles | <b>DS36:</b> Food Service Delivery Driver                    | <b>DS67:</b> Towing Trailers                                    |
| <b>DS04:</b> Avoiding Rear-End Collisions - Small Vehicles | <b>DS37:</b> HAZMAT Transportation Part 1                    | <b>DS68:</b> Night Driving                                      |
| <b>DS05:</b> Backing - Large Vehicles                      | <b>DS37S:</b> HAZMAT Transportation Part 1 (Spanish)         | <b>DS69:</b> Driving Evs  |
| <b>DS06:</b> Backing - Small Vehicles                      | DS38: HAZMAT Transportation Part 2                           | <b>D\$70:</b> Driving Lease Roads                               |
| <b>DS07:</b> Changing Lanes - Large Vehicles               | DS38S: HAZMAT Transportation Part 2 (Spanish)                | <b>DS71:</b> Emergency Maneuvers - Small Vehicle                |
| <b>DS07F:</b> Changing Lanes - Large Vehicles (French)     | <b>DS39:</b> HAZMAT Transportation Part 3                    | <b>DS72:</b> Roundabouts  |
| <b>DS08:</b> Changing Lanes - Large Vehicles (Spanish)     | DS39S: HAZMAT Transportation Part 3 (Spanish)                | <b>D\$80:</b> Responsible Driver Series: Accidents and Breakdow |
| <b>DS09:</b> Changing Lanes - Small Vehicles               | <b>DS40:</b> Housekeeping - Vehicle: Micro-Course            | <b>DS81:</b> Responsible Driver Series: Collisions              |
| <b>D\$10:</b> Changing Lanes - Small Vehicles (Spanish)    | <b>DS41:</b> Load Securement Part 1: Principles              | <b>D\$825:</b> Responsible Driver Series: Defensive Driving     |
| <b>DS11:</b> Close Quarter Maneuvering - Large Vehicles    | <b>DS42:</b> Load Securement Part 2: Equipment and Methods   | <b>D\$83:</b> Responsible Driver Series: Distracted Driving     |
| <b>D\$12:</b> Close Quarter Maneuvering - Small Vehicles   | <b>DS43:</b> Overhead Clearance                              | <b>D\$84:</b> Responsible Driver Series: Food Delivery Safety   |
| <b>DS13:</b> Closing the Loop                              | <b>DS44:</b> Parking Lot Safety                              | <b>D\$85:</b> Responsible Driver Series: Harassment             |
| <b>DS14:</b> CSA Overview                                  | <b>DS45:</b> Pre-Trip Inspections - Large Vehicles           |   |
| <b>DS15:</b> CSA Overview (Spanish)                        | <b>DS46:</b> Pre-Trip Inspections - Small Vehicles           |   |
| <b>DS16:</b> Defensive Driving - Large Vehicles            | <b>DS47:</b> Pre-Trip Inspections - Small Vehicles (Spanish) |   |
| <b>DS17:</b> Defensive Driving - Large Vehicles (Spanish)  | <b>DS48:</b> Reasonable Suspicion Part 1                     |   |
| <b>DS18:</b> Defensive Driving - Small Vehicles            | <b>DS49:</b> Reasonable Suspicion Part 2                     |   |
| <b>DS18F:</b> Defensive Driving - Small Vehicles (French)  | <b>D\$50:</b> Reasonable Suspicion Part 3                    |   |
| <b>DS19:</b> Defensive Driving - Small Vehicles (Spanish)  | <b>DS51:</b> Road Rage                                       |   |
| <b>DS20:</b> Delivery Driver Safety                        | <b>DS52:</b> Turning for Trucks                              |   |
| <b>DS21:</b> Distracted Driving                            | <b>DS53:</b> Seat Belt Safety: Micro-Course                  |   |
| <b>DS21F:</b> Distracted Driving (French)                  | <b>D\$54:</b> Smartphones and Smarter Driving: Micro-Course  |   |
| <b>DS22:</b> Distracted Driving (Spanish)                  | <b>DS55:</b> Speeding Awareness - Large Vehicles             |   |
|  |  |   |

**DS55F:** Speeding Awareness - Large Vehicles (French)

**DS56:** Speeding Awareness - Large Vehicles (Spanish)

**DS58:** Speeding Awareness - Small Vehicles (Spanish)

**DS60:** Stop Signs and Signals - Large Vehicles (Spanish)

**DS62:** Stop Signs and Signals - Small Vehicles (Spanish)

**DS63F:** Tailgating Awareness - Large Vehicles (French)

**DS64:** Tailgating Awareness - Large Vehicles (Spanish)

**DS57:** Speeding Awareness - Small Vehicles

**DS59:** Stop Signs and Signals - Large Vehicles

**DS61:** Stop Signs and Signals - Small Vehicles

**DS63:** Tailgating Awareness - Large Vehicles

Published: September 5, 2024

**DS23:** DOT Driver Compliance

**DS25:** Driver Fatigue

DS26: Driving Your Brand

**DS24:** DOT Driver Compliance (Spanish)

**DS27:** Driving Your Brand (Spanish)

**DS30:** Failure to Yield - Large Vehicles

D\$32: Failure to Yield - Small Vehicles

**DS28:** Extreme Driving Conditions - Large Vehicles

**DS29:** Extreme Driving Conditions - Small Vehicles

**DS31:** Failure to Yield - Large Vehicles (Spanish)

**DS33:** Failure to Yield - Small Vehicles (Spanish)



# **DS01:** Accidents and Breakdowns

If one of your company drivers has an accident or vehicle breakdown, you would want that employee prepared to handle the situation, especially if other vehicles and drivers were involved. This course explains how drivers can prepare their vehicles for emergency stops and reviews best practices for when they find themselves on the side of the road or in the aftermath of a collision. Included in the course is what to say and not say at the scene of an accident, what types of actions your driver should take to document the scene, and vehicle warnings to look for and respond to while driving.

35 min

### **DS02:** Alcohol Awareness

Most, if not all workplaces have a zero-tolerance for alcohol, but the effect it can have on your employees in their personal lives can still be a negative factor at work. This course presents the facts about alcohol consumption and defines the difference between use and abuse. It explains both the short and long-term effects of alcohol on the body and mind and discusses the signs and symptoms of intoxication and alcohol abuse so employees can recognize them and take action. With this information, employees can think about their choices and be encouraged to make responsible and safe decisions.

42 min

#### **DS03:** Avoiding Rear-End Collisions - Large Vehicles

Rear-end collisions happen all the time, resulting in injuries, costly damage, legal fees, and fatalities. This course explores methods that drivers of tractor trailers and other large trucks can use to help avoid rear-ending another vehicle, and steps to keep their vehicle from getting hit from behind.

14 min

## **DS04:** Avoiding Rear-End Collisions - Small Vehicles

Rear-end collisions occur frequently and result in injuries, damage, costly repairs, and fatalities. This course details what you can do to avoid being hit from behind and the actions you can take to keep your vehicle from being struck by a driver behind you.

22 min

#### **DS05:** Backing - Large Vehicles

Backing large vehicles and semi-trailers takes practice, experience, skill, and more practice. This course explains the risks of backing situations, identifies safe backing maneuvers, and suggests how to avoid backing situations, when possible.

14 min

## **DS06:** Backing - Small Vehicles

Most drivers spend 99% of the time driving forward and only 1% backing up. Yet 25-30% of vehicle accidents occur during backing. This course explains backing risks, identifies safe backing maneuvers, and suggests ways to avoid backing situations all together.

20 min

### **DS07:** Changing Lanes - Large Vehicles

When it comes to changing lanes safely, drivers of large trucks, CMVs, and buses face more challenges than drivers of smaller vehicles. This course focuses on safe practices that take into consideration the huge blind spots, longer stopping distances, and the limited maneuverability of large vehicles. Drivers learn what they need to know to make safe lane changes, minimize the risk of accidents, and what to look out for when sharing the road.

12 min

## **DS07F:** Changing Lanes - Large Vehicles (French)

Changing lanes is one of the most frequent and hazardous actions a driver can take. Changing lanes is necessary for so many reasons - passing another vehicle, merging into the flow of traffic, and exiting a roadway. Any time a vehicle changes lanes, the chance for an accident increases greatly. This course describes the different types of lane changes and explains how to change lanes safely to minimize the risk of a collision.

22 min

## **DS08:** Changing Lanes - Large Vehicles (Spanish)

Changing lanes is one of the most frequent and hazardous actions a driver can take. Changing lanes is necessary for so many reasons - passing another vehicle, merging into the flow of traffic, and exiting a roadway. Any time a vehicle changes lanes, the chance for an accident increases greatly. This course describes the different types of lane changes and explains how to change lanes safely to minimize the risk of a collision.

22 min

## **DS09:** Changing Lanes - Small Vehicles

Moving from one lane to another is a hazardous task when there are other vehicles on the road. Drivers need to develop good lane-changing habits to ensure their chances of accident and injury are reduced. This course gives drivers the guidelines they need to make safe lane changes, minimize the risk of accidents, and know what to look out for when sharing the road.





#### **DS10:** Changing Lanes - Small Vehicles (Spanish)

Changing lanes is one of the most frequent and hazardous actions a driver can take. Changing lanes is necessary for so many reasons - passing another vehicle, merging into the flow of traffic, and exiting a roadway. Any time a vehicle changes lanes, the chance for an accident increases greatly. This course for drivers of small vehicles describes the different types of lane changes and explains how to change lanes safely to minimize the risk of a collision.

20 min

## **DS11:** Close Quarter Maneuvering - Large Vehicles

Maneuvering any vehicle in tight quarters can be a hazardous task, but maneuvering large vehicles presents even more challenges to drivers. This course investigates different types of close quarter driving situations, including backing, pulling forward from a parked position, and various turning maneuvers. It describes the type of hazards associated with maneuvering large vehicles in close quarters and offers guidance on how to avoid collisions and injuries while doing so.

13 min

#### **DS12:** Close Quarter Maneuvering - Small Vehicles

Whether your drivers are delivering products to a business on a city street or attempting to park in a crowded parking lot, maneuvering their vehicles in close quarters like these can lead to collisions, vehicle damage, and injury. This course instructs drivers on how to prepare for the arrival at their destination, avoid common mistakes many drivers make when parking or attempting to exit close quarters, and how to safely execute a U-turn, 3-point turn, and other methods of getting out of tight spots.

14 min

#### **DS13:** Closing the Loop

As a supervisor, helping to ensure driver safety is one of your most important tasks. When you receive an incident report about a driver, do you know how to effectively coach them to improve their driving? In this course, we will describe all of the necessary steps of returning a safer driver to the road, including how and when to deliver feedback, as well as following through with appropriate training.

16 min

#### **DS14:** CSA Overview

CSA is the compliance, safety, and accountability program of the Federal Motor Carrier Safety Administration (FMCSA). CSA helps the FMCSA and its state partners by using continually improving data to better identify high-risk motor carriers and drivers. CSA applies a wide range of interventions to reduce high-risk behavior and help keep roadways safe. In this course drivers will learn to recognize how they can impact their own safety rating, and that of the carrier the work for.

18 min

### **DS15:** CSA Overview (Spanish)

CSA is the compliance, safety, and accountability program of the Federal Motor Carrier Safety Administration (FMCSA). CSA helps the FMCSA and its state partners by using continually improving data to better identify high-risk motor carriers and drivers. CSA applies a wide range of interventions to reduce high-risk behavior and help keep roadways safe. In this course drivers will learn to recognize how they can impact their own safety rating, and that of the carrier the work for.

18 min

## **DS16:** Defensive Driving - Large Vehicles

This defensive driving course is focused on the challenges and risks specific to drivers of large vehicles and offers guidance in how to respond to them with an extra layer of safety. Topics include how to conduct a pre-trip inspection, precautions to take when securing and hauling a load, and behaviors and practices to use while performing basic driving tasks. Information on how to stay alert and how to exercise care at night are also included.

22 min

### **DS17:** Defensive Driving - Large Vehicles (Spanish)

Driving conditions are always changing. Sharp curves, construction zones, other vehicles, pedestrians and bicyclists can come at you at a rapid pace. Drivers must be on the defensive to stay safe. This course will state the major causes of traffic accidents, the most common driving errors and how to prevent them, actions to take to remain in control of the vehicle, and characteristics of defensive driving.

29 min

## **DS18:** Defensive Driving - Small Vehicles

Defensive driving is more than just abiding by the rules of the road. This course offers valuable instruction on how to stay alert, cautious, and continually watch for potential road hazards. It reminds drivers of the safe driving skills needed to avoid collisions and accidents and includes specific tips on driving safely at night.

15 min

## **DS18F:** Defensive Driving - Small Vehicles (French)

Driving conditions are always changing. Sharp curves, construction zones, other vehicles, pedestrians and bicyclists can come at you at a rapid pace. Drivers must be on the defensive to stay safe. This course will state the major causes of traffic accidents, the most common driving errors and how to prevent them, actions to take to remain in control of the vehicle, and characteristics of defensive driving.





#### **DS19:** Defensive Driving - Small Vehicles (Spanish)

Driving conditions are always changing. Sharp curves, construction zones, other vehicles, pedestrians and bicyclists can come at you at a rapid pace. Drivers must be on the defensive to stay safe. This course will state the major causes of traffic accidents, the most common driving errors and how to prevent them, actions to take to remain in control of the vehicle, and characteristics of defensive driving.

29 min

### **DS20:** Delivery Driver Safety

Delivery drivers do important work, but are at risk for injuries and incidents when driving and moving their load. This course explains how to correctly stretch before, during, and after a day of deliveries, identifies proper lifting techniques and precautions for loading and unloading a vehicle, and offers tips for safely using hand trucks and lift gates.

23 min

#### **DS21:** Distracted Driving

A safe driver is one who knows how to recognize hazards and avoiding distractions. This course reminds drivers of the importance of keeping their eyes on the road and their minds on their driving. It includes different types of driving distractions and best practices for driving distraction-free.

11 min

### **DS21F:** Distracted Driving (French)

Crashes involving distracted drivers are on the rise. Texting and talking on cell phones is a major cause of such distractions, but even looking at a billboard or checking something on the passenger seat can result in enough of a distraction to cause an accident. This course explains the importance of keeping your eyes on the road, the different types of driving distractions you may encounter, and how best to reduce the risk of an accident.

22 min

#### **DS22:** Distracted Driving (Spanish)

Crashes involving distracted drivers are on the rise. Texting and talking on cell phones is a major cause of such distractions, but even looking at a billboard or checking something on the passenger seat can result in enough of a distraction to cause an accident. This course explains the importance of keeping your eyes on the road, the different types of driving distractions you may encounter, and how best to reduce the risk of an accident.

22 min

### **DS23: DOT Driver Compliance**

"The DOT and FMCSA establish and enforce a set of rules and regulations for all commercial drivers. Your drivers must be aware of these rules and regs and follow them while driving for your company. This course offers a review of these regulations and information on how to comply. Also featured are requirements for electronic logging devices, how to conduct a daily inspection, and an explanation of the 3 types of driver duty time. DOT whistleblower protection and HIPAA regulations are also explained.

15 min

## **DS24:** DOT Driver Compliance (Spanish)

To improve both commercial vehicle and driver safety, regulations have been established to regulate driver qualifications, limit driving hours and duty time, and improve vehicle maintenance and safety. Complying with these regulations can not only reduce driver errors and fatigue but also reduce accidents. In this course you will learn about the Department of Transportation (DOT) and the Federal Motor Carrier Safety Administration (FMCSA) regulations governing commercial vehicles and drivers, and how to comply with those regulations.

22 min

## **DS25:** Driver Fatigue

Fatigued and drowsy driving causes at least 100,000 crashes per year, yet it's a preventable condition. In this course, you will learn how to recognize the symptoms of driver fatigue and the strategies you need to keep you safe and alert on the road.

9 min

## **DS26:** Driving Your Brand

As a driver, you're essentially driving a billboard for your organization. Everything you do behind the wheel, at your customer's location, and while you're in public, reflects on your organization's brand. This course explains what it means to be "Driving Your Brand," what types of driving behaviors best represent your organization, and why Driving Your Brand in a positive manner is so important.

18 min

## **DS27:** Driving Your Brand (Spanish)

As a driver, you're essentially driving a billboard for your organization. Everything you do behind the wheel, at your customer's location, and while you're in public, reflects on your organization's brand. This course explains what it means to be "Driving Your Brand," what types of driving behaviors best represent your organization, and why Driving Your Brand in a positive manner is so important.



### **DS28:** Extreme Driving Conditions - Large Vehicles

Rain, fog, ice, snow, heat, and wind present huge driving challenges to drivers. This course identifies safe practices specifically for the driver of large vehicles to use in extreme driving conditions. It explains how to maintain and equip the vehicle and describes the steps to take to drive safely and avoid accidents in dangerous weather conditions.

22 mir

#### **DS29: Extreme Driving Conditions - Small Vehicles**

Designed for drivers of small vehicles, this course identifies safe driving practices in harsh weather conditions, explains how to maintain your vehicle, and helps you prepare for extreme driving conditions in rain, fog, ice, snow, and heat.

20 min

### **DS30:** Failure to Yield - Large Vehicles

Failing to yield while driving can produce dangerous consequences. This course, designed for drivers of large vehicles, will discuss situations in which you'll need to yield to another vehicle on the road. We'll also cover how to identify when a driver's failure to yield has caused a collision, and how to make smart decisions that may help avoid collisions when you drive.

19 min

#### **DS31:** Failure to Yield - Large Vehicles (Spanish)

Failing to yield while driving can produce dangerous consequences. This course, designed for drivers of large vehicles, will discuss situations in which you'll need to yield to another vehicle on the road. We'll also cover how to identify when a driver's failure to yield has caused a collision, and how to make smart decisions that may help avoid collisions when you drive.

19 min

#### **DS32:** Failure to Yield - Small Vehicles

Failing to yield while driving can produce dangerous consequences. This course will discuss situations in which you'll need to yield to another vehicle on the road. We'll also cover how to identify when a driver's failure to yield has caused a collision, and how to make smart decisions that may help avoid collisions when you drive.

19 min

#### **DS33:** Failure to Yield - Small Vehicles (Spanish)

Failing to yield while driving can produce dangerous consequences. This course will discuss situations in which you'll need to yield to another vehicle on the road. We'll also cover how to identify when a driver's failure to yield has caused a collision, and how to make smart decisions that may help avoid collisions when you drive.

19 min

#### **DS34:** Fifteen-Passenger Vans

15-passenger vans react differently than smaller cars and larger trucks. They are bigger and heavier than cars and have larger blind spots. Upon completing this course you will understand the special skills and knowledge it takes to operate a 15-passenger van, and how to prepare and properly load the van to reduce the risk of accidents, especially rollovers.

19 min

# **DS35:** Fleet Safety

Employers invest in a comprehensive fleet safety program when they consider employee safety of key importance. This course explains fleet safety procedures and policies, employee and management roles in the program, and how the program will have a positive impact on the safety record of their fleet.

16 min

## **DS36:** Food Service Delivery Driver

Food service delivery drivers do important work, but are at risk for injuries and incidents when driving and moving their load. This course explains how to correctly stretch before, during, and after a day of deliveries, identifies proper lifting techniques and precautions, and offers tips for safely using hand trucks and lift gates. Additionally, ways to properly load, deliver and unload food products will be discussed.

28 min

## **DS37: HAZMAT Transportation Part 1**

Safely transporting hazardous materials begins with properly packaging, labeling, and preparing those hazardous materials for shipment. In Part 1 of this 3-part course, we review HAZMAT definitions and regulations and define the responsibilities of shippers and carriers. This section also includes the Hazardous Materials Table (HMT).





# **DS37S:** HAZMAT Transportation Part 1 (Spanish)

Safely transporting hazardous materials begins with properly packaging, labeling, and preparing those hazardous materials for shipment. In Part 1 of this 3-part course, we review HAZMAT definitions and regulations and define the responsibilities of shippers and carriers. This section also includes the Hazardous Materials Table (HMT).

8 mir

#### **DS38: HAZMAT Transportation Part 2**

When hazardous materials are shipped, public safety depends on proper packaging, labeling, and handling of hazardous materials (HAZMAT). Part 2 of this 3-part course describes the shipping documentation, package markings, and labeling required by the HMR and includes instruction on how to respond to HAZMAT spills and emergencies.

9 min

## **DS38S:** HAZMAT Transportation Part 2 (Spanish)

When hazardous materials are shipped, public safety depends on proper packaging, labeling, and handling of hazardous materials (HAZMAT). Part 2 of this 3-part course describes the shipping documentation, package markings, and labeling required by the HMR and includes instruction on how to respond to HAZMAT spills and emergencies.

9 min

### **DS39: HAZMAT Transportation Part 3**

Every HAZMAT vehicle requires identification to instantly alert all concerned that hazardous materials are within. The final part of this 3-part course identifies vehicle placarding requirements, as mandated by the PHMSA. It also describes carrier and shipper responsibilities, and reportable HAZMAT incident response procedures.

9 mir

### **DS39S:** HAZMAT Transportation Part 3 (Spanish)

Every HAZMAT vehicle requires identification to instantly alert all concerned that hazardous materials are within. The final part of this 3-part course identifies vehicle placarding requirements, as mandated by the PHMSA. It also describes carrier and shipper responsibilities, and reportable HAZMAT incident response procedures.

9 min

## **DS40:** Housekeeping - Vehicle: Micro-Course

Companies recognize good housekeeping in the workplace can improve employee health and safety as well as lead to improved efficiency and morale. This micro-course demonstrates good housekeeping practices for drivers who consider their vehicle to be their workplace. The course reviews what they can do to obtain and enjoy the benefits of a clutter-free and well-organized work environment.

5 min

### **DS41:** Load Securement Part 1: Principles

Carrying an improperly secured load puts both the driver of the vehicle and the driving public at risk. Part one of this two-part course explains the need for load securement and describes the basic principles and standards for load securement.

19 min

### **DS42:** Load Securement Part 2: Equipment and Methods

Carrying an improperly secured load puts both the driver of the vehicle and the driving public at risk. Part two of this two-part course describes the equipment and methods used in securement systems.

23 min

## **DS43:** Overhead Clearance

In this course, we look at overhead clearance strikes, why they continue to occur, and what you can do to make certain your vehicle never hits an overhead obstacle. Included are tips for safely backing up when encountering low overhead clearance and precautionary measures specific to bridges, power lines, and overhead signs and traffic lights.

9 min

# **DS44:** Parking Lot Safety

The humble parking lot can present more dangers to a professional driver than the interstate. Parking lots are prime territory for negligent drivers, low speed collisions, burglars, pickpockets, carjackers, and vandals. They also present potential problems with pedestrians (especially children) being hit by drivers who are backing up, turning or negotiating intersections with cross walks. This course reviews these common hazards and explains what to do and what to avoid doing in parking lots when driving, parking, walking, and departing.





#### **DS45:** Pre-Trip Inspections - Large Vehicles

A thorough inspection of your vehicle before you begin each trip is crucial to the safety of you, your cargo, and other drivers. This course is specifically designed to address the pre-trip inspection process for large vehicles and set you up for a safe and successful trip.

13 min

### **DS46:** Pre-Trip Inspections - Small Vehicles

A pre-trip inspection helps you find problems that could cause a crash, breakdown, or citation. It is important to perform a daily pre-trip and post-trip inspection for every trip. In this course, you will learn the essential steps to perform a pre-trip inspection for small and light duty trucks.

10 min

## **DS47:** Pre-Trip Inspections - Small Vehicles (Spanish)

A pre-trip inspection helps you find problems that could cause a crash, breakdown, or citation. It is important to perform a daily pre-trip and post-trip inspection for every trip. In this course, you will learn the essential steps to perform a pre-trip inspection for small and light duty trucks.

10 min

### **DS48:** Reasonable Suspicion Part 1

10 min

#### **DS49:** Reasonable Suspicion Part 2

Taking this course helps meet those DOT training requirements. It focuses on what to look for when a driver shows signs of alcohol or drug use and misuse and how to act professionally on those suspicions. Included is a thorough review of the 5-step Reasonable Suspicion Process, which allows you to observe, confirm, and confront a driver, then follow up by documenting the process and sending the driver for drug and alcohol testing.

10 min

## **DS50:** Reasonable Suspicion Part 3

If you suspect an emplyee in your charge is abusing drugs or alcohol, it's important to know the signs of substance abuse and how to act on those suspicions. In the final part of this three part course, you will learn about the different types of required drug and alcohol testing, such as post-accident testing and DOT mandated return-to-work testing, and what to do when a test result is positive.

7 min

#### **DS51:** Road Rage

What is road rage and what triggers it? This course defines road rage, explains what stressors can trigger road rage, teaches you how to avoid aggressive drivers, and lists steps you can take if you become a victim of road rage.

15 min

# **DS52:** Turning for Trucks

In the trucking industry, making turns incorrectly is the third leading cause of truck accidents. This course will describe proper turning practices for making left and right turns correctly and explain the factors that contribute to truck turning accidents.

17 min

#### **DS53:** Seat Belt Safety: Micro-Course

Understand the potentially fatal consequences of not wearing a seat belt and learn what you can do to make sure you, your employees, and any passengers are properly buckled up every time, every trip. Whether you are a driver, operator, or passenger always wear your seat belt.

2 min

# **DS54:** Smartphones and Smarter Driving: Micro-Course

Every day, fatal driving accidents occur when distracted drivers use their smartphones. This 3-minute course acts as an engaging reminder to all of us to put down our phones and concentrate on driving. Course includes helpful tips to help put the phone down and a 5 question quiz.





### **DS55:** Speeding Awareness - Large Vehicles

Speeding is a factor in 31% of all fatal crashes, according to the National Highway Traffic Safety Administration. The chances of death or serious injury double for every 10 miles per hour you travel over 50 miles per hour. This course examines the hazards of speeding and shares what you can do to reduce the risk of having a speeding-related incident.

16 mir

# **DS55F:** Speeding Awareness - Large Vehicles (French)

Speeding is a factor in 31% of all fatal crashes, according to the National Highway Traffic Safety Administration. The chances of death or serious injury double for every 10 miles per hour you travel over 50 miles per hour. This course examines the hazards of speeding and shares what you can do to reduce the risk of having a speeding-related incident.

16 min

### **DS56:** Speeding Awareness - Large Vehicles (Spanish)

Speeding is a factor in 31% of all fatal crashes, according to the National Highway Traffic Safety Administration. The chances of death or serious injury double for every 10 miles per hour you travel over 50 miles per hour. This course examines the hazards of speeding and shares what you can do to reduce the risk of having a speeding-related incident.

16 min

#### **DS57: Speeding Awareness - Small Vehicles**

Speeding is a factor in 31% of all fatal crashes, according to the National Highway Traffic Safety Administration. The chances of death or serious injury double for every 10 miles per hour you travel over 50 miles per hour. This course examines the hazards of speeding and shares what you can do to reduce the risk of having a speeding-related incident.

14 min

#### **DS58:** Speeding Awareness - Small Vehicles (Spanish)

Speeding is a factor in 31% of all fatal crashes, according to the National Highway Traffic Safety Administration. The chances of death or serious injury double for every 10 miles per hour you travel over 50 miles per hour. This course examines the hazards of speeding and shares what you can do to reduce the risk of having a speeding-related incident.

14 min

## **DS59:** Stop Signs and Signals - Large Vehicles

Running stop signs and signals is dangerous and it can be costly. This course presents tips and strategies to help drivers successfully navigate red lights, signals, and stop signs.

16 min

## **DS60:** Stop Signs and Signals - Large Vehicles (Spanish)

Running stop signs and signals is dangerous and it can be costly. This course presents tips and strategies to help drivers successfully navigate red lights, signals, and stop signs.

16 min

# **DS61: Stop Signs and Signals - Small Vehicles**

Running stop signs and signals is dangerous and it can be costly. This course for small vehicles presents tips and strategies to help drivers successfully navigate red lights, signals, and stop signs.

16 min

#### **DS62:** Stop Signs and Signals - Small Vehicles (Spanish)

Running stop signs and signals is dangerous and it can be costly. This course for small vehicles presents tips and strategies to help drivers successfully navigate red lights, signals, and stop signs.

16 min

### **DS63:** Tailgating Awareness - Large Vehicles

Tailgating reduces stopping distance, lessens perception and reaction times, and fuels road rage. It's important for your safety and the safety of other drivers that you refrain from tailgating and that you know what to do when being tailgated. This course explains what actions you can take when being tailgated and offers reminders to help you avoid being a tailgater yourself.





### **DS63F:** Tailgating Awareness - Large Vehicles (French)

Tailgating reduces stopping distance, lessens perception and reaction times, and fuels road rage. It's important for your safety and the safety of other drivers that you refrain from tailgating and that you know what to do when being tailgated. This course explains what actions you can take when being tailgated and offers reminders to help you avoid being a tailgater yourself.

18 mir

#### **DS64:** Tailgating Awareness - Large Vehicles (Spanish)

Tailgating reduces stopping distance, lessens perception and reaction times, and fuels road rage. It's important for your safety and the safety of other drivers that you refrain from tailgating and that you know what to do when being tailgated. This course explains what actions you can take when being tailgated and offers reminders to help you avoid being a tailgater yourself.

18 min

### **DS65:** Tailgating Awareness - Small Vehicles

Tailgating reduces stopping distance, lessens perception and reaction times, and fuels road rage. It's important for your safety and the safety of other drivers that you refrain from tailgating and that you know what to do when being tailgated. This course explains what actions you can take when being tailgated and offers reminders to help you avoid being a tailgater yourself.

18 min

# **DS66:** Tailgating Awareness - Small Vehicles (Spanish)

Tailgating reduces stopping distance, lessens perception and reaction times, and fuels road rage. It's important for your safety and the safety of other drivers that you refrain from tailgating and that you know what to do when being tailgated. This course explains what actions you can take when being tailgated and offers reminders to help you avoid being a tailgater yourself.

18 min

#### **DS67:** Towing Trailers

Towing a trailer presents an additional set of challenges to driving a vehicle because the trailer causes the vehicle to handle differently and makes driving more difficult. This course discusses ways you can tow a trailer safely, including checking your vehicle, getting familiar with the trailer equipment, preparing your vehicle, connecting your trailer, loading the trailer properly, slowing down, and driving carefully.

19 min

### **DS68: Night Driving**

"Driving at night requires different safe driving techniques than those used during daylight driving. In this course, we explain how to drive safely at night as you adapt and compensate for the dark conditions. The course also includes how night driving affects your vision and your ability to make timely and thoughtful driving decisions.

12 min

#### **DS69:** Driving Evs

This course is an introduction to electric and hybrid vehicles and highlights what drivers can expect when driving one of them for the first time. In addition to defining the differences between electric vehicles or hybrids and traditional gas-powered vehicles, this course explains vehicle range consideration, battery charging station levels, and some of the hazards of driving in cold temperatures.

20 min

## **DS70:** Driving Lease Roads

Driving on lease roads and in staging areas involves challenges and hazards that driving on paved roads does not. This course explains what lease roads and staging areas are and how they can be navigated successfully. Even though they are not owned by a governing agency, there are rules that apply to lease roads that every driver should know. The Smith 5 Keys® of safe driving are applied throughout the course, to be used as a guide to best practices when dealing with lease road issues, surface hazards, obstacles, and attitude.

16 min

#### **DS71:** Emergency Maneuvers - Small Vehicle

"The best way to prepare for the unexpected on the road is to learn maneuvering techniques before an emergency occurs and have a plan for the best course of action based on the circumstances. Using The Smith System 5Keys to Space Cushion Driving® this course prepares you for the unexpected by offering tips on safe driving maneuvers for common hazards you may encounter on the road. These include how to react to a vehicle coming toward you, objects in the road, brake failure, and tire blowout.

15 min

### **DS72:** Roundabouts

Roundabouts are becoming more popular in the U.S. and, with that popularity, comes the need to educate drivers on how to use them safely. In this course, drivers learn the rules required in roundabouts, and how to navigate through them. Both single lane and multi-lane roundabouts are featured, with instruction on what to do when approaching, entering, and exiting them. Tips on responding to emergency vehicles and pedestrian safety are also included.



### **DS80:** Responsible Driver Series: Accidents and Breakdowns

How would your employees respond to a breakdown or accident while driving? This course provides information to drivers so they handle such situations safely and know what to do and what NOT to do should an incident occur. Included in the course is how to prepare for the possibility of an accident or breakdown, common reasons for vehicle breakdowns, and warnings to look for while driving.

8 min

### **DS81:** Responsible Driver Series: Collisions

Collisions are a fact of life on the road and working drivers have more opportunity to encounter them than most. This course helps drivers recognize the types of hazards that can cause collisions and offers driving techniques to help avoid collisions with other vehicles. Included are descriptions of different types of collisions and best practice driving tips.

8 min

### **DS82S:** Responsible Driver Series: Defensive Driving

When an employee knows how to drive defensively, it means the employee is alert, cautious, and continually looking out for potential hazards. This course instructs drivers on how to go about becoming a defensive driver and avoid collisions and accidents. Topics include safety guidelines for driving defensively and how to anticipate and react to hazards.

10 min

### **DS83:** Responsible Driver Series: Distracted Driving

Everyone drives distracted at one time or another, but a safe driver knows how to recognize, avoid, and/or eliminate distractions. This course reminds drivers how important it is to drive distraction-free. It focuses on how to eliminate distractions and re-focus if they find themselves becoming distracted. It also includes best practices for driving distraction free.

9 min

#### **DS84:** Responsible Driver Series: Food Delivery Safety

In addition to driving hazards, delivery drivers face many risks while completing their duties. This course addresses those risks and gives drivers the information they need to keep themselves - and the food they deliver-safe. Topics include safety procedures to follow when a location looks dangerous, slip, trip, and fall prevention, and how to properly handle food while it is in their care, so it remains at a safe temperature, intact, and contaminant-free.

14 min

## **DS85:** Responsible Driver Series: Harassment

Sexual harassment includes a wide range of behaviors, not restricted to sexual abuse and assault. Training your employees to recognize harassment, whether it is verbal, physical, or emotional, helps them understand what appropriate behavior is and what it is not. This course discusses conversational boundaries, respecting customers' privacy and personal space, and bystander responsibility. It also defines the various terms used to describe types of sexual assault.